



Meridian Hiking Club

<http://www.meridian-hiking.org.za/>

Happy New Year!

Calendar

Date	Coordinator	Description	Details	Grade
Wed 3 Jan 2018	Charmaine Roynon 083 230 6793 021 976 4384 charmaineroynon@gmail.com	<u>Tsitsikamma Trail: 3 - 8 January 2018</u> The Tsitsikamma Mountain Trail journeys through lush forests and mountain fynbos. Ancient river gorges and abundant rivers and streams provide plentiful swimming opportunities. Beginning in Nature's Valley and ending 60-km further at either the Storms River Bridge or Village, this six day, unidirectional trail takes hikers through the heart of <u>More...</u>	<u>1 space still available. Book now!</u> Total costs (including portage) Members: R1,645.00 Non-members: R1,765.00 Please contact Charmaine by email, WhatsApp: 083 230 6793 or Landline (after 6pm): 021 976 4384 Use payment reference: (Your Name)/Tsi/Jan18	Trail
Sat 6 Jan 2018	Fredy Mohorich 072 268 1241 fmmachinery@mweb.co.za	<u>Right Face Arrow Face Traverse</u> Very spectacular traverse line with cave passages and some tight squeezes high above the	6:00am at the stairs leading up the mountain next to bus parking at the lower cable car station. R40 guest fee for non-	2Dd

Contributions by the 25th to Sam sgg1@mweb.co.za. Events subject to change - see website/contact co-ordinator.
Feel free to forward this to anyone you think would be interested! ☺

Date	Coordinator	Description	Details	Grade
		Africa Amphitheatre. The route is very exposed, scrambling experience and no fear of heights are essential. Hike is limited to 10 hikers. Rain and strong wind cancel.	members. Book with Fredy via Whatsapp or email: fmmachinery@mweb.co.za	
Sat 13 Jan 2018	Keith Evans 082 749 9284 keith@afrihost.co.za	<u>Boyes Drive Skyline</u> This is an easy hike in the Kalk Bay Mountains. The hike will start at the Oukraal entrance on Boyes Drive. We will hike along the Mule Track and return along the skyline to the top of Baileys. From there we will descend to the start of the Mule Track. You must be moderately fit to do this hike. Hike should be finished before 11:30.	09:30 at the Oukraal entrance on Boyes Drive. R20 cash guest fee for non-members. Please email Keith to book.	1Bb
Sun 14 Jan 2018	Colin Blake 082 532 3124	<u>Sunset Hike: Lion's Head</u> Up to the top of Lion's Head. Sundowners at the top, and back down to cars. Slow and relaxed pace. ± 3 hours. Rain cancels.	5:30pm at entrance to Lions Head hike. R20 cash guest fee for non-members. Please book with hike leader (whatsapp or sms).	1Bc
Sat 20 Jan 2018	Shaun Kleingeld & Alison Roomaney 071 462 0643	<u>Jokershoek Panorama Route</u> We will be doing the 17km Panorama route in Jonkershoek. Fitness and endurance is required for this hike!	7:30am at Jonkershoek Nature Reserve entrance. We will take a few cars into the reserve to the start of the hike. Wild card or R40 permit fee applies. R40 cash guest fee for non-members. To book Whatsapp Shaun on 071 462 0643.	4Cd
Thu 25 Jan 2018	Rodney Manicom rodneymanicom@gmail.com	<u>Pub Night: Jack Black Brewing Company</u> Join Rodney and Clare at the popular 'Jack Black Brewing Company'. Enjoy a craft beer or glass of wine inside a working craft brewery. Great atmosphere. Well priced menu, includes wraps, burgers and platters. Live music. Kindly use these contact numbers and links for any further directions or	From 18:30 onwards at Jack Black Brewing Company, 10 Brigid Rd Diep River Industrial area (Main Rd into De Waal, right into Pricessvlei Rd, right into Leo, left into Brigid). No need to book. All drinks ordered are to be paid for immediately. No tabs in the club's or leaders' names. Contact: rodneymanicom@gmail.com www.jackblackbrewing.com	Social

Date	Coordinator	Description	Details	Grade
		information: 021 286 1220 or www.jackblackbeer.com		
Sun 28 Jan 2018	Colin Blake 082 532 3124	<u>Sunset Hike: Ou Kraal</u> Up Ou Kraal and sundowners at the top. Along the top, down Bailey's Kloof, and back to cars. Slow and relaxed pace. ± 3 hours. Rain cancels.	5pm at entrance to Ou Kraal on Boyes Drive. R20 cash guest fee for non-members. Please book with hike leader (whatsapp or sms).	2Bb
Wed 14 Mar 2018	Shaun Kleingeld & Alison Roomaney 071 462 0643 shaun.kleingeld69@gmail.com	<u>Outeniqua Trail: 14 - 21 March 2018</u> This magnificent trail is set in the heart of the famous Garden Route, leading through indigenous forests, fynbos, majestic mountain scenery and streams with pools for swimming. We will be doing the full 7 day, 8 night trail with a total distance of 108kms, starting at the Beervlei hut and ending at the Harkerville hut. A high level of fitness and <u>More..</u>	6 spaces available. Members: R832.00, Non-members: R972.00 + Conservation fees of R212.00 per person for the trail are payable or you need to supply your valid Wildcard number. Please book with Shaun by email or Whatsapp. Use payment reference: (Your Name)/Out/Mar18	Trail
Mon 16 Apr 2018	Frank Dwyer hostnet@mweb.co.za	<u>Baviaanskloof Camino: 16 - 21 April 2018</u> 5 day 'slackpacking' hike through the pristine Baviaanskloof in the Eastern Cape. This is a fully catered trail, with accommodation in tents, with mattresses. Bring your own sleeping bags, pillows, towels. Breakfast, dinners and lunch pack supplied, you carry day packs only and there is the option of horse riding. The area is remote, wit <u>More..</u>	Cost is R7200 per person sharing (no single accommodation) with an extra R1500 if you want to ride. This excludes transport there and back – we will try to arrange group transport depending on requirements. Those interested e-mail Frank Dwyer hostnet@mweb.co.za *This is not a Meridian Hiking Club event.	Trail
Sun 27 May 2018	Rodney Manicom rodneymanicom@gmail.com	<u>Wellington Wine Walk: 27 - 30 May 2018</u> Hike through the beautiful Wellington valley and learn about the history and culture of the area. Local fully accredited guides will accompany you through indigenous fynbos, vineyards, orchards and olive groves. Meet the wine-makers and local characters of the valley	<u>Only 1 place left.</u> Members: R7400.00, Guests: R7460.00. Rates are per person sharing Arrive 16:00 on Sunday May 27. Please contact Rodney by email. Use payment reference: (Your Name)/Wine Walk	Trail

Date	Coordinator	Description	Details	Grade
		and hear their interesting stories. Includes 3 nights four star accommodation, all More...		

Meridian Notes		
Call METRO rescue at 021 937 0300 if you need medical assistance on the mountain. For other emergencies: call 086 110 6417.		
New Hikers (& members)	Please contact the co-ordinator before joining any advertised hike and also have a look at our grading system and "what to take on a day hike" notes below. Best time to call : 18h00-21h00 (or as specified on calendar entry) Please remember that our committee members and hike co-ordinators do these duties on a voluntary basis. If you are unable to get hold of them via the telephone - please do not expect them to phone you back - please leave a message with your comment, or phone back later if you are requiring an answer. Also no SMSes or Call me backs. They are not refunded for phone calls. Your assistance and understanding is greatly appreciated. Happy hiking.	
The following items are recommended on day hikes:	<input type="checkbox"/> Boots or shoes that are sturdy with strong non-slip soles <input type="checkbox"/> Sunblock <input type="checkbox"/> 2 litres water <input type="checkbox"/> Lunch / snacks <input type="checkbox"/> Warm clothing (even in summer, the temp can suddenly drop on the mountain) <input type="checkbox"/> Space blanket <input type="checkbox"/> Personal first aid kit <input type="checkbox"/> Rain gear <input type="checkbox"/> Torch (head lamp with flashing option) <input type="checkbox"/> Whistle <input type="checkbox"/> Cell phone (on silent) <input type="checkbox"/> Read Essential Info for Hikers	
Meridian Grading System		
Length: (per day)	Gradient:	Effort:
1 – short – up to 6 km	A – flat/undulating – beach/contour.	a – easy
2 – short to med – 6-10 km	B – medium – Lion's Head.	b – mod easy
3 – medium – 10 to 14 km	C – steep – Skeleton Gorge – <i>Hiking Boots & water essential.</i>	c – mod fit
4 – long – 14 to 18 km	D – steep with scrambling – Devil's Peak via Knife Edge - <i>Boots & water.</i>	d – fit
5 – very long – over 18 km	E – more difficult scrambling–Kloof Corner – <i>Boots & water essential.</i>	e – very fit
Please Read the Following Carefully:		
<ul style="list-style-type: none"> • Risk: Members and guests participate in club activities at their own risk. Listen to the hike leader's instructions. • Children & dogs: Please call the leader to find out if s/he is happy to take children on a hike, or if dogs are welcome. • Opinions: Members' and hike coordinators' opinions etc. are not necessarily those of the Club. • Cell phones: Please remember to put your cell phone on "silent" for the duration of the hike. • The following items are recommended on day hikes: Hat, sun block, 2 litres water, lunch, warm clothing, space blanket, money, personal first aid kit, rain gear, torch, whistle, cell phone (on "silent" during the hike). • Visitors: R20 for <u>all</u> Meridian events on the calendar. (R20 per day on longer trails / weekend away). • Cancellations: Please phone the leader/co-ordinator to check that the hike is on, especially if you are not on e-mail. Cancellations do happen and you may be disappointed. 		
How to book on a Trail/Weekend Away		
<ul style="list-style-type: none"> • No advance bookings. Phone the hike leader at the opening date & time given in the calendar (not before). • Members get preference. Visitors' names will be placed on the waiting list and if the trail is not filled, visitors will be included from waiting list. • If you cannot book at the time bookings open, you may ask a friend to book for you. • Give the Trail Leader all your contact details • The Trail Leader has right of refusal. • A member may book for one other person (including a non-member, though preference is given to members). • You may also deposit your Trail fee directly in the 'Meridian Hiking Club' Account, Nedbank, Claremont Branch; Branch Code: 104609; CURRENT A/C No.1046348396. Please include your NAME and the name of the TRAIL in the payment reference, e.g. Joe Blogs/Otter. Email proof of payment to: treasurer@meridian.org.za as well as trails@meridian.org.za 		

Remember to bring your membership card on all hikes and events

- You will need to make your own Travel arrangements.
- If payment not received by you within 14 days, your name will be moved to the waiting list.
- **Cancellations:** No refunds can be made.
- In the event of you needing to cancel it is your responsibility to find a replacement
- The Trail leader will have a waiting list, the names on the waiting list will be given to you, with contact details, and the Trail Leader will assist as far as possible to help you find a replacement. * You must contact the people on the waiting list first.
- If a replacement cannot be found from the list you are entitled to go elsewhere, but the replacement must be accepted by the Trail leader. * Financial arrangements will be between yourselves i.e. refunding of the Trail fee.
- If a replacement cannot be found you will forfeit the fee.